

Recovery

Across

4. A set of ideas for what to try and what matters most.

6. The wonderfully vague word behind improvement.

8. Doing an activity with less of this is meaningful progress.

9. The disease this whole crossword is about.

14. A rough period in recovery, not proof that everything before it was wasted.

16. When some or all symptoms disappear for a time.

18. Symptoms become worse.

19. A period of functional symptoms.

20. What a doctor thinks will happen with a condition over time.

21. Recovery includes improvements in this.

23. Something worth keeping.

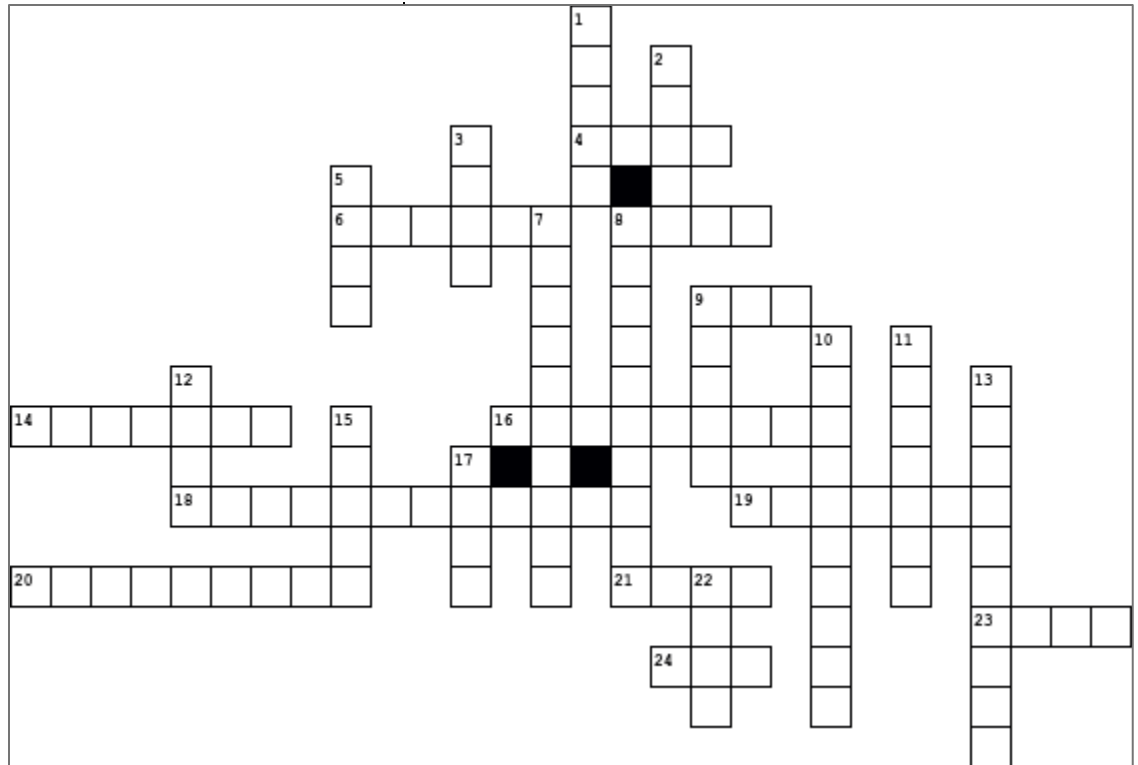
24. Help with movement, safety, or independence.

Down

1. Make it work better for you.

2. Symptoms grow worse for a time.

3. Recovery does not have to follow one straight ____.



5. Capacity to do something.

7. Getting back to your usual self.

8. _____ improvement means you can do more, despite symptoms

9. True or False. "You have had this too long, so nothing will help."

10. FND knocks this around but recovery builds it.

11. Work toward or do something meaningful

12. Protected from unnecessary danger or injury.

13. An important mobility aid.

15. Leading up to a recovery goal.

17. Sometimes it takes this long to recover.

22. Symptoms returning does NOT mean you did this.