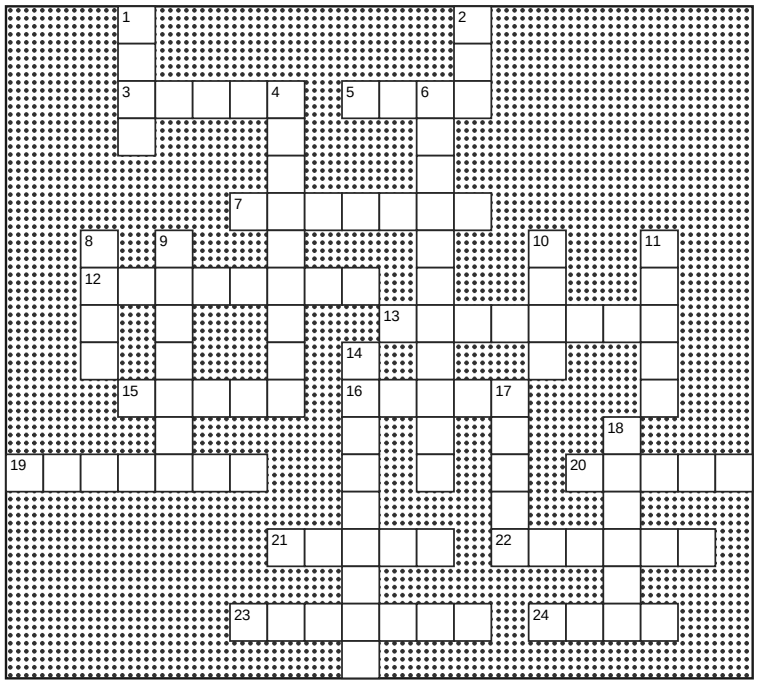
When Better Doesn't Mean Symptom-Free



Across

3. A happy
face, not a symptom chart.

5. A
migraine's stubborn plus-one.

7. Ease
created by changing the surroundings.

12. Results
that matter beyond symptom counts.

13. Possible
to do consistently, not just once.

15. A
friendly drop-in, no clipboard required.

16. Support
requirements that don't vanish after a good day.

19. Being
with others instead of alone.

20. The
reward for a wonderfully dreadful joke.

21. Small
improvements, no victory parade required.

22. Work a
task takes, even when completed.

23. First
word in the phrase '___ of life.'

24. Refuse
to behave identically each day, as symptoms can.

Down

1. A quiet
break to regain energy.

2. Enjoyment,
even on a difficult day.

4. Pleasure
in an activity, even with symptoms.

6. A
change for the better, however small.

8. Optimism
that isn't a crystal ball.

9. Endurance
needed to keep an activity going.

10. The
finish line you choose for yourself.

11. Make a
small, useful change.

14. Hidden,
like the effort behind an easy-looking visit.

17. What
closed curtains provide on a sunny day.

18. Enjoy a
good moment rather than rush past it.

Word bank

COMFORT | COMPANY | EFFORT | ENJOYMENT | FUN | GAINS | GOAL | HOPE | IMPROVEMENT | INVISIBLE | LAUGH | NEEDS | OUTCOMES | PAIN | QUALITY | RELIABLE | REST | SAVOUR | SHADE | SMILE | STAMINA | TWEAK | VARY | VISIT