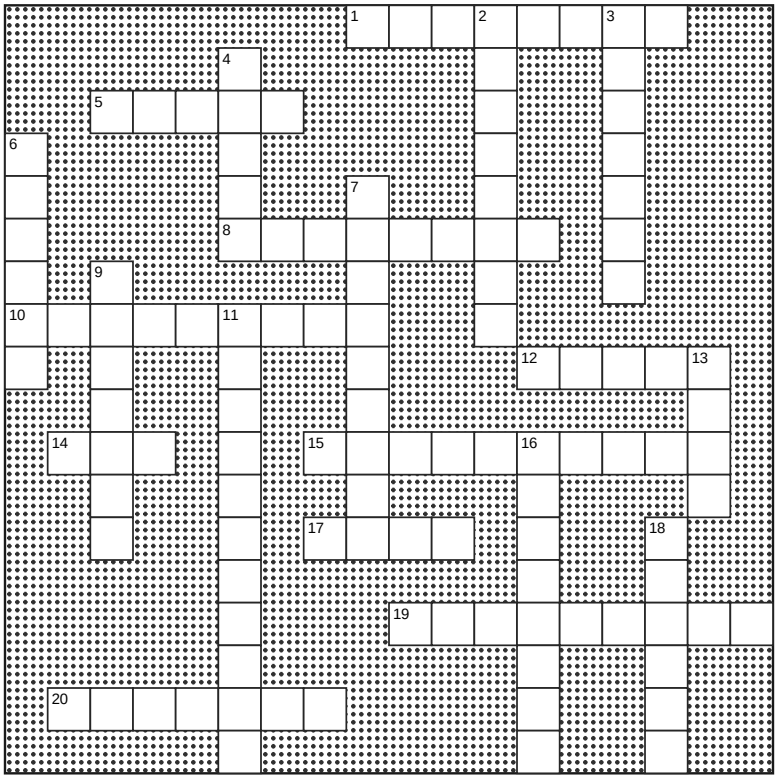
# Distraction, External Focus, and Context



## Across

1. Information
about how an activity went

5. Store
your books here.

8. Ffocus
directed toward a movement's destination.

10. Using a
helpful strategy outside the setting where it was learned

12. Extend
an arm toward an object

14. Toward a
chosen target

15. A person
whose preferences and responses may differ from others

17. Can
provide movement timing

19. Qualified
professional who can help choose suitable rehabilitation tasks

20. This
matters alongside task completion

## Down

2. Doing
two things at once

3. Task,
surroundings and available help around an activity

4. Put an
object where it belongs

6. Physical
item whose shape and weight affect how it is handled

7. Move
items around to make a task easier

9. Force
that makes lifting different from sliding on a table

11. Description
of what someone noticed

13. Firmly
in the hand.

16. Focus
directed toward the body's own movements

18. How
heavy an object is

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**Word bank**

AIM | BEAT | CARRYOVER | COMFORT | CONTEXT | DUALTASK | EXTERNAL | FEEDBACK | GRAVITY | HOLD | INDIVIDUAL | INTERNAL | OBJECT | OBSERVATION | PLACE | REACH | REARRANGE | SHELF | THERAPIST | WEIGHT