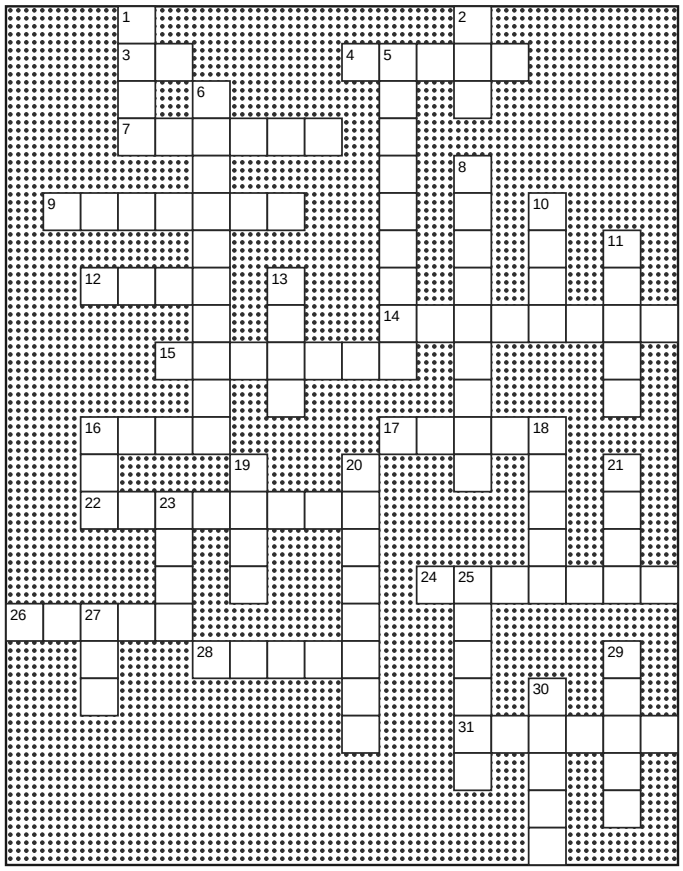
What is Functional Neurological Disorder - Module 1 Summary



Across

3. The abbreviation for a health professional who helps people adapt daily activities.

4. A sudden, very strong feeling of fear.

7. Available capacity is more than simply how much ___ you think you have.

9. The body-and-brain part of the biopsychosocial model.

12. What your nervous system helps your body do

14. Changes in the body or mind that a person notices or experiences.

15. Messages travelling through the nervous system

16. A leg may do this instead of lifting normally while walking

17. Losing work, health or independence can bring difficult feelings.

22. A neurological condition that commonly occurs alongside FND.

24. A period of functional symptoms.

26. What you may want when the sounds around you become overwhelming.

28. One part of the body's message system.

31. They carry messages between the brain and the rest of the body

Down

1. Something worth keeping.

2. The part of biopsychosocial that means the body and brain.

5. Being awake and alert to yourself and your situation

6. Getting back to your usual self.

8. Something your nervous system normally does without your thinking about it

10. Things that happened before now.

11. The point when continuing an activity becomes too difficult or unsafe.

13. Where thoughts happen, worries multiply, and grocery lists vanish.

16. To make bright lights less bright.

18. Another everyday word for where your attention is directed

19. The body's least subtle way of asking for attention.

20. Improvement in symptoms, function, or quality of life

21. The total amount of pressure placed on you at one time.

23. Medical word for the way a person walks

25. Changing activities or taking breaks to make daily life easier to manage.

27. A simple word for being sick or unwell.

29. Leading up to a recovery goal.

30. Part of the nervous system found inside your head.

Word bank

AUTOMATIC | AWARENESS | BIO | BIOLOGY | BRAIN | DIM | DRAG | ENERGY | EPISODE | FOCUS | GAIT | GRIEF | HOPE | ILL | LIMIT | LOAD | MIGRAINE | MIND | MOVE | NERVE | NERVES | OT | PACING | PAIN | PANIC | PAST | QUIET | RECOVERING | RECOVERY | SIGNALS | STEPS | SYMPTOMS