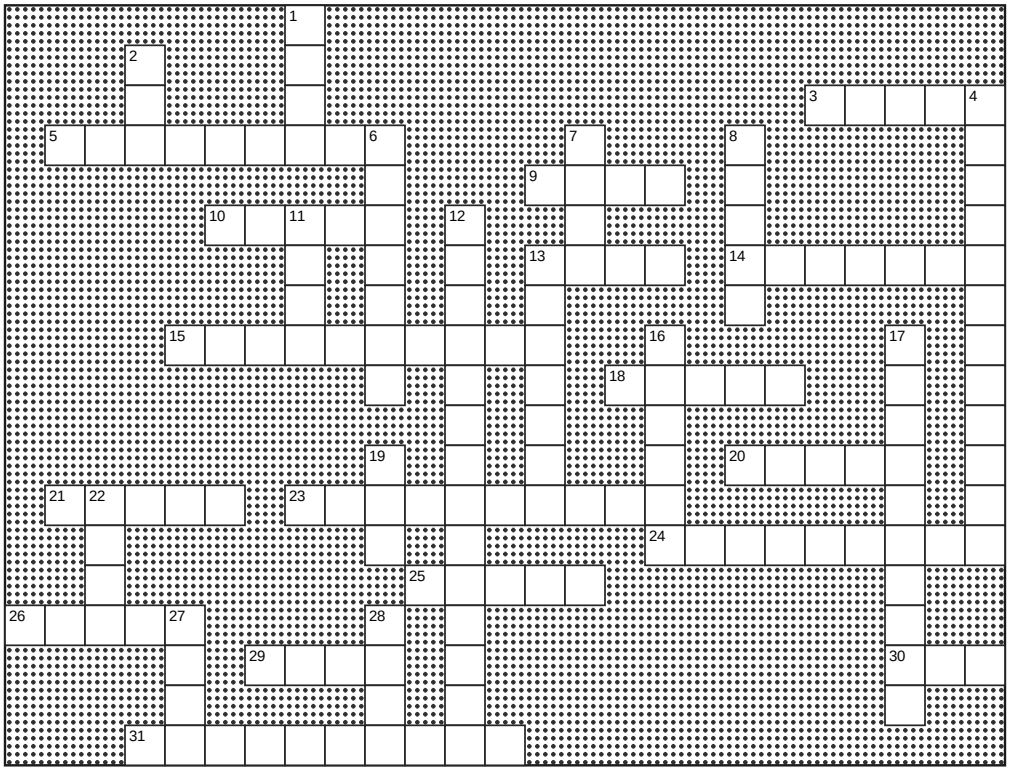
Remission and Recovery



Across

3. FND does not have one known simple one.

5. What a doctor thinks will happen with a condition over time.

9. Recovery does not have to follow one straight ____.

10. Make it work better for you.

13. A set of ideas for what to try and what matters most.

14. A period of functional symptoms.

15. An important mobility aid.

18. One part of the body's message system.

20. A sudden, very strong feeling of fear.

21. Symptoms grow worse for a time.

23. FND knocks this around but recovery builds it.

24. When some or all symptoms disappear for a time.

25. True or False. "You have had this too long, so nothing will help."

26. Leading up to a recovery goal.

29. Something worth keeping.

30. Help with movement, safety, or independence.

31. Getting back to your usual self.

Down

1. Sometimes it takes this long to recover.

2. The part of biopsychosocial that means the body and brain.

4. Symptoms become worse.

6. A rough period in recovery, not proof that everything before it was wasted.

7. Symptoms returning does NOT mean you did this.

8. Losing work, health or independence can bring difficult feelings.

11. Capacity to do something.

12. Treatment and practice aimed at improving ability and daily function.

13. Work toward or do something meaningful

16. The wonderfully vague word behind improvement.

17. _____ improvement means you can do more, despite symptoms

19. The disease this whole crossword is about.

22. Recovery includes improvements in this.

27. Protected from unnecessary danger or injury.

28. Doing an activity with less of this is meaningful progress.

Word bank

ABLE | ADAPT | AID | BETTER | BIO | CAUSE | CONFIDENCE | DAYS | EPISODE | EXACERBATION | FAIL | FALSE | FEAR | FLARE | FND | FUNCTIONAL | GRIEF | HOPE | LIFE | NERVE | PANIC | PATH | PLAN | PROGNOSIS | PURPOSE | RECOVERING | REHABILITATION | REMISSION | SAFE | SETBACK | STEPS | WHEELCHAIR